



Fair Youth Center

1702 McLaughlin Ave., San José, 95122

Located on the campus of J. W. Fair Middle School

Phone: 408-972-1746

Fax: 408-971-5715

Supervisor: Carolyn Johnson

Email: carolyn.johnson@sanjoseca.gov

Bus Line: 72

Types of Programs: Recreation, special events, trips for youth 12 to 17 years old.

S.T.A.N.D. Program

Free

The S.T.A.N.D. (Striving Towards Achievement with New Direction) Program assists youth in the following: Reduction of delinquent behavior, prevention of further gang involvement, and increasing in academic achievement.

The S.T.A.N.D. Program offers a variety of FREE events, workshops, and recreational activities to youth between the ages of 12 and 17. The youth center the following recreational activities; ping pong, air hockey, billiards, board games, sports, and field trips. Snacks Provided

Fair Youth Center Hours of Operation:

	Monday's, Tuesday's, and Thursday's	3-6pm
	Friday's	3-5pm
Activity	Day	Time
Art Club	M	3:30-4:30pm
Outdoor Club	T(once a month)	3-6pm
Cooking Class	Th	3:30-4:30pm
Girls group	F	3-4pm
Easter Egg hunt	4/14	3pm
Cinco de Mayo BBQ	5/5	4pm
End of Year BBQ	6/9	4-7pm
Field Trips	W	TBD (monthly)
Workshops	TBD	TBD

Youth Development

The S.T.A.N.D. Youth Development Group works directly with students at Yerba Buena High School. It provides a structured environment for youth in need of additional services such as, building self-esteem, dealing with choices and consequences, cultural awareness, mentoring and other prevention services. There are three groups conducted each year. Each group period is nine weeks long. Groups meet once a week for one hour on a rotating schedule from 2nd period to 5th period. Male students meet on Mondays and female students meet on Wednesdays. All referrals are received through the Student and Family Service Center.

Supervisor: Petra Hernandez

Phone: 224-0415

Fax: 972-1746

Gardner

Community Center

520 W. Virginia St., San José, CA 95125

Phone: 408-277-4761

Fax: 408-277-4640

Supervisor: Tony Torres

Email: tony.torres@sanjoseca.gov

Bus Lines: 64 and Light Rail

Types of Programs: Senior nutrition, youth programs and fee classes.

DROP-IN YOUTH PROGRAMS

Gardner Summer Day Camp

\$25

Date: June 26- August 4, 2006

When: Monday-Friday

Time: 10am-4pm

Cost: \$25

Who: Elementary school children, ages, 6 to 12 years

The Gardner Summer Recreation will provide children the opportunity to engage in a full day of fun activities that consist of the following: arts and crafts, games, sports, field trips, and much more. Lunch will not be provided.

Please mail in your registration to:

Gardner Community Center

520 West Virginia Street

San Jose, CA 95125

Walk-in registration: June 1

Gardner Community Center - 9am-5pm

NOTE: Registration welcome on the first day of camp (spaces limited).

For more information call, 408-297-3301, ask for Teresa Guillen.

The Youth Program

Monday – Friday from 2:30-7pm. The Game Room offers:

- Board Games
- BIG Screen T.V.
- Ping Pong Table
- BINGO
- XBOX
- Field Trips
- Play Station 2
- Arts and Crafts
- Intramural Sports Leagues
- Foos ball

Computer Lab

Free

Monday – Friday 3-6pm

- Homework Assistance
- Quiet Area
- Internal Access
- Reading



If you see graffiti in a park, please call 408-277-2758

Additional Services offered

Parent Referral Services
Youth Intervention Referral Services
Sentencing Alternative Program
Community Service Hours (as listed in guide)

Arts & Crafts

Free

Be creative! Each week will feature a new theme in which the children will have fun and use their imagination as they work on a variety of projects such as drawing, water colors, creating sculptures, beading, and much more! Classes are held each Thursday from 4:30-6:30pm.

Girl's Club

Join the Gardner Center Girls Club learn new things and do fun activities such as, arts and crafts, fundraisers, community service, workshops and field trips. The girls will decide what types of services they will provide for the community as well as planning fun activities. The Girls Club is free to join, however, there may be a nominal fee for field trips.

Gardner Youth Council

The meetings consists of discussing what types of activities individuals would like for their community center to offer to not only the youth, but to the public as well. The youth council not only provides workshops but it also tackles social issues that the participants feel are important to address. Participants will also learn key skills such as leadership skills and planning skills.

Community Service Hours

If you are a High School student and want to earn community service hours and have fun at the same time, you can! The services that will be provided by the community service volunteers are as follows: setting up the game room, cleaning the game room, help youth with their homework, help supervise the game room etc. The Gardner Center also accepts individuals who are 14-18 years of age that are referred by court or sentencing alternatives.

Seasonal Intramural Sports

10-18yrs

If you enjoy the spirit of competition, sports and meeting new friends, come out and play with us! Sports will vary throughout the year, which may include flag football, street hockey, volleyball, basketball, and softball.

DROP-IN COMMUNITY PROGRAMS

Gardner Advisory Council

Free

The Gardner Advisory Council meets on the fourth Wednesday of every month from 7-8:30pm in the Arts and Crafts room. Come join us to come up with creative solutions to issues and concerns regarding the center and its programming while improving the quality of life in the Gardner Community.

Basic Ceramics 18+

This drop-in program covers basic techniques for ceramic sculptures. Surface texture skills such as stamping, carving and glazing will also be introduced. **Some material costs may need to be provided by participants as needed.** This program meets on Fridays from 9am-10am-1pm in the Art Room.

Aztec Dancing 7+

Free

This program is designed to reach out to new audiences with activities that appeal to diverse communities. The dances, which pay homage to nature (earth, wind, fire, and water), teach more than just history. An understanding and appreciation of these natural elements help to connect the dancers to the root of their being and to the essence of life itself-one that is grounded in nature, and respect for all living things. This program meets on Wednesdays from 7-9pm.

Baile Folklorico Dance 8+

Free

This program aims to promote creative outlets for youth while increasing cross-cultural community interaction through folk arts. While the emphasis is in folk dance and music, students will be exposed to other traditional and contemporary art forms, such as story telling, games, lyrical poetry and cuisine. This program meets on Tuesdays and Thursdays from 5:30-7pm.

Breakdancing 11+

Free

Explore beginner and intermediate breakdance and music culture through the practice of various routines and dance techniques. This program promotes the development of coordination skills, interpersonal skills, helps overcome performance anxiety, and provides the opportunity to have a lot of fun. This program meets 6-8pm, Tuesdays.

Co-ed Boxing 8+

Free

Learn the basic fundamentals of boxing, such as punching, counter punching, defense and body movement. You'll attain an awesome workout while developing self-discipline and teamwork skills. Wear neutral color clothing, sweat pants or shorts, and comfortable shoes. Instruction will be divided into basic and intermediate levels according to each participants' skill level and age. **New equipment costs will be replenished as needed by participant donations.** The boxing program meets on Mondays, Wednesdays and Fridays from 5-7pm.

Stretching for Health and Flexibility 13+

Free

One of the easiest and most effective ways to maintain flexibility and prevent injury is to stretch on a regular basis. Come out and learn some great strengthening exercises for your abdominal and back muscles. This safe and effective program can be enjoyed by teens and adults of all ages and fitness levels. Please wear loose clothing and bring your own exercise mat or large towel and water bottle. This program meets on Wednesdays from 6-7pm.

Fitness Room 16+

Free

The Fitness Room is open Monday- Friday at 9am-12pm and 2:30-7pm. The Fitness Room offers the following:

- Treadmill
- Recumbent Bicycle
- Elliptical Bicycle
- Free Weights
- Universal Weight Machine
- Various Weight Benches



ARTS AND CRAFTS

Bold and Fun Painting! – NEW \$48

Expand your artistic potential! Students will stretch their creativity as they learn to work with different art techniques. All skill levels (beginning to advanced), all mediums (watercolor, acrylic, oil, mixed media) will be taught, and students will be encouraged to have a lot of fun and create unique paintings! A supply list of materials needed for the class will be sent prior to first class meeting. Your supplies will be used during the first class meeting so come prepared to create! View previous student's artwork on Instructors website: www.cousettecopelandcreativearts.com

Instructor: Cousette Copeland

Class #	Day	Dates	Time	Age	Mtg	Loc
232.4.106	W	5/24-6/21	7:15-8:45pm	13+	5	GR

Jewelry Fundamentals – New \$18

This class is packed full of information on bead, stringing, layout, design, tools, earring construction and jewelry repair. If you have broken necklaces or earrings at home in need of repair or just want to learn how to make jewelry inexpensively, this class is for you..

Instructor: Laura Thompson

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.107	Th	5/4	6-8pm	12+	1	GR

Cool Cartoon Drawing 1 – NEW \$38

This class will teach the elements of telling stories with pictures. Students will learn basic cartooning, drawing, painting, and story telling. They will learn to write, draw, paint and self-publish their own comic books. Children will have fun expanding their imagination. This class will require additional basic supplies to be purchased by the student after the first class meeting.

Instructor: Viet Tran

Course	Day	Date	Time	Age	Mtg.	Loc.
232.4.110	W	4/5-5/3	6:30-7:30pm	8-12	5	GR

Color Swirls – NEW \$38

This fun educational class will offer children the opportunity to learn about color mixing, color techniques and combinations. They will learn the importance of the use of color and how to add great interest and impact to their future drawings and paintings. Children will have fun learning about different mediums that are used from Nature to create color and learn how natural objects are still used today to create beautiful colorful objects throughout the world.

Instructor: Viet Tran

Course	Day	Date	Time	Age	Mtg.	Loc.
232.4.111	W	5/10-6/7	6:30-7:30pm	6-12	5	GR



San Jose Family Camp

**SPACE STILL AVAILABLE
FOR JUNE 17-AUGUST 14**

Call Now 408-277-4666

www.sanjoseca.gov/prns/familycamp.htm

See page 166 for more information.

DANCE

Ballet/Tap – New \$31

Enjoy a class filled with both ballet and tap. You will learn the basics of ballet and tap. Parents may attend a 10 minute overview at the first class meeting and a performance at the last class meeting.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.205	Th	4/13-5/11	9-10am	3-5	5	GR
232.4.206	F	4/14-5/12	3-4pm	3-5	5	GR
232.4.207	F	4/14-5/12	4-5pm	6-8	5	GR

Floor Gymnastics – New \$31

Like to move? Come and learn basic gymnastic skills such as cartwheels, backbends, headstands and much more...

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.208	F	4/14-5/12	5-6pm	6-8	5	GR
232.4.209	F	4/14-5/12	6-7pm	9-12	5	GR

Kinder Gym – New \$31

Kinder Gym is designed to teach basic gymnastic skills, including movement exploration, balance and coordination. Parents are welcome to attend the first 10 minutes of the first class and attend the last meeting. Those students with long hair are required to tie it back.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.210	Th	4/13-5/11	10-10:55am	3-56	5	GR

SPORTS & FITNESS

Cardio Sculpt/Body Conditioning – New \$43

Co-ed aerobics for fitness with a combination of aerobics and muscle toning activities. Both men and women can benefit from the program which helps make men more buffed and women more shapely while becoming more fit. A good way to help reduce the effects of aging and make your heart healthy! Work at your own level from easy to advanced.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.524	M	4/10-5/15	8:45-9:35am	16+	6	GR

Fun Aerobics for kids – New \$43

Encourage your kids to come out and enjoy this fun aerobics class. They will learn the basics of fitness while doing something good for their body. This class will help them keep their body lean and fit in a friendly environment. Get your children away from the television and the video game playing, and watch their school grades improve as they learn that exercise is not only a lot of fun it helps them to focus when they study their homework!

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.525	Th	4/13-5/18	5-6pm	6-11	6	GR

Karate – Beginning/Intermediate \$43

Students will learn traditional Japanese Karate. Classes include self-defense and stress the importance of self-confidence and mental discipline. Wear loose and comfortable clothing the first day of class, and check with instructor for more details on clothing requirements.

Instructor: Camp Carter

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.501	Th	4/13-5/18	6-7pm	5-12	6	GR

Kidz Love Soccer \$57

KLS is a non-competitive environment for children to learn and play the world's most popular sport. Each session includes age specific warm-ups, demonstrations, thematic progressions, and recreational games. Classes are co-ed and every participants will have a ball at their feet! Shinguards are required after the first class meeting. **Tot Soccer: 3.5-4yrs**– Encourages motor skills and introduces small children to the group setting. **Pre-Soccer: 4-5.5yrs**– Teaches the basic technique of the game and builds self-esteem through participation and fun soccer activities. **Soccer 1: 5-6yrs** – teaches the basic techniques of soccer for beginners. Dribbling, passing, receiving, and shooting. **Soccer 2: 7-8yrs**– Same as Soccer 1, also introduces team tactics. **Soccer 3: 9-12yrs**– Same as Soccer 1 & 2, but also introduces advance soccer techniques and tactics. **Rainout Hotline # 1-800-871-2275**

Instructor: Kidz Love Soccer

Course#	Day	Date	Time	Age	Mtg.	Loc.
232.4.544	F	4/14-5/19	10-10:30am	3.5-4	6	GR
232.4.545	F	4/14-5/19	10:30-11:05am	4-5.5	6	GR
232.4.549	F	4/14-5/19	2:15-2:45pm	3.5-4.6	6	GR
232.4.546	F	4/14-5/19	2:45-3:20pm	4-5.5	6	GR
232.4.547	F	4/14-5/19	3:20-4:05pm	6-7	6	GR
232.4.548	F	4/14-5/19	4:05-4:50pm	7-8	6	GR
232.4.549	F	4/14-5/19	4:05-4:50pm	9-12	6	GR

Little Ninja Fitness Fun – New \$43

This fun-filled class will give your child a great workout! Each little ninja will learn basic warm-up exercises, karate moves and fitness exercises. This is a great way to give your tot the chance to use their energy in a positive way. Uniforms, testing, and belt certification will be explained by the Class Instructor.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.542	M	4/10-5/15	10:45-11:35am	3-5	6	GR

Pilates for Beginners – New \$43

Pilates is a type of body conditioning that uses your body's natural resistance to strengthen, tone, and stretch your abdominal, back and leg muscles, improving your posture, building stronger and more flexible muscles and increasing your energy. Students need to bring their own mat with them to class.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.526	M	4/10-5/15	9:45-10:35am	16+	6	GR

Elementary Soccer League \$16

A co-ed 6-week fun-petitive league for children. Introduction, drills and basic techniques will be covered with an emphasis on sportsmanship. There will be 2 divisions. Practice will be 1 hour before each teams game time. **Locations:** Backesto Park (13th St. and Jackson) and Biebrach Park (Virginia and Delmas).

Divisions: 1st, 2nd and 3rd Grade
4th and 5th Grade

Instructor: Staff

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.901	Sa	1/14-2/18	9am-1pm	1-3Gr	6	BT
232.4.902	Sa	1/14-2/18	9am-1pm	4-5Gr	6	GR

SPECIALTY CLASSES**Beginning Computer – New \$36**

Need to find the on-off switch? Need to start on computer skills? Curious about computers? Want to get over computer fear? This hands-on class at a computer with another student will guarantee your success. You will be introduced to Windows 95/98, Microsoft Word and Microsoft Excel. No matter what kind of Windows program you have, this class is for you.

Instructor: Camp Carter

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.600	W	4/12-5/10	10:15-11:15am	18+	5	GR

Community First Aid & Safety – New \$38

This course includes Infant, Child, and Adult CPR, rescue breathing, choking rescue, and the following First Aid Skills: bleeding control, treatment of burns, fractures, strains, seizures, poisoning, heat and cold emergencies. Upon successful completion of this class you will be presented with a community CPR certificate and a Community First Aid and Safety Certificate.

Instructor: lizalou Bosman-Builer

Course#	Days	Date	Time	Age	Mtg.	Loc.
232.4.607	Sa	4/22-4/29	9-11am	18+	2	GR

Dog Obedience – NEW \$38

Students will be taught to train their dogs to heel, sit, stay, down stay, stand for examination, recall, socialize, problem solve and to care for their dogs. Dogs must be at least 6 months old, current with their shots and come to class with a leash on. The first class will be an orientation for dog owners who must be at least 12 years old. Please leave your dog at home for the first class meeting only.

Instructor: Terril Otis

Course #	Days	Date	Time	Age	Mtg.	Loc.
232.4.609	Sa	4/8-5/6	1-2pm	12+	5	GR

Aromatherapy Techniques – NEW \$38

It's an easy and fun way to learn how to make the same specialty aromatherapy products available at retail at a fraction of the cost. A supply list will be sent prior to first class.

Instructor: Nicole Austin

Course #	Days	Date	Time	Age	Mtg.	Loc.
232.4.610	M	5/8-6/5	6-7pm	16+	4	GR

Gardner Community Center continues on the next page



SPECIALTY CLASSES

Introduction to Computers for Seniors – New \$36

Do you feel like the only person who doesn't understand computers? This beginning class is designed to remove your fear and get you started, will explain the terminology (what's a byte?) and equipment and demonstrate E-mail, the Internet, word processing and other programs. Don't miss this chance to get all your questions answered.

Instructor: Camp Carter

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.611	W	4/12-5/10	9-10am	50+	5	GR

Learn How to DJ! – New \$38

Interested in learning how to make your own beats? This new class is designed specifically for those interested in the production side of DJ-ing. Register now!

Instructor: Lopez

Course #	Day	Date	Time	Age	Mtg.	Loc.
234.4.612	Th	4/6-5/11	7-8:30pm	12-18	6	GR

Math Tutoring – New \$38

This class gives your child the helping hand needed to succeed and feel more confident in math. Basic arithmetic and learning concepts are reviewed. Students must bring their math homework, their own pencil and paper to each class. Class size is limited to four students.

Instructor: O'Hanneson

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.613	M	4/3-5/8	3-4pm	8/11	6	GR

Positive Parenting – New \$32

Identify typical ages and stages of children 0-18 years old, practice positive ways to communicate with children, build children's self esteem and discuss positive guidance and limit setting for children and Teens.

Instructor: Siddappa

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.615	Th	5/4-5/25	7-8pm	16+	4	GR

Reading Remedies – New \$38

This reading tutorial class helps improve your child's vocabulary, spelling and reading comprehension. Parents must provide appropriate and interesting reading materials, lined paper, and a pencil for their child to bring to each class. Class size is limited to 4 children per class. Because of need, participants can enroll in one class only.

Instructor: Lizalon Bosman-Butler

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.616	M	4/3-5/8	4:15-5:15pm	7-9	6	GR

Seriously Awesome Sitters – New \$38

Be prepared for any emergency. In this class you will learn Infant and Child CPR and safety. Topics include diapering, bathing, burping, dressing and cry stopping techniques, how to market your services, safely care for children, make healthy snacks and entertain kids so that you'll be in demand. Job interviewing skills, setting up your babysitting jobs like a real business, child growth and development and much more.

Instructor: Lizalon Bosman-Butler

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.618	F	4/7-4/28	4:45-6:45pm	9-12	4	GR

ADULT CLASSES

Karate – Adult Beginning \$43

Students will learn traditional Japanese Karate. Classes include self-defense and stress the importance of self-confidence and mental discipline. Wear loose and comfortable clothing the first day of class, and check with instructor for more details on clothing requirements.

Instructor: Camp Carter

Course #	Day	Date	Time	Age	Mtg.	Loc.
232.4.502	Th	5/25-6/29	6-7pm	18+	6	GR

SENIOR PROGRAM

For more information on Gardner Senior Center, see page 16.

SAN JOSE AFTER SCHOOL

Gardner Area

San José After School is a partnership by the City of San José with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

Afterschool programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering afterschool programs, please contact 408-297-3301 or 408-279-1498.

Types of Programs

Level 1: Homework Assistance. Level one sites offer afterschool homework help at many locations in San José.

Level 2: Safe and Accessible After School Programs. Level two sites offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach After School Programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Please contact your Community Center for more information on program site levels.

Sites	Time
Biblioteca Latinoamericana	*
Five Wounds School	*
Gardner Elementary School	2:35-5:45pm
Lowell Elementary School	2:40-5:30pm
Olinder Elementary School	2:40-6pm
Sacred Heart Community Services Center	*
Sacred Heart Educational Center	*
San Jose Family Shelter	*
San Jose High Academy	*
Vietnamese American Center	*
Washington Elementary School	2-6pm

* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).